

我的健康医疗中心 Pusat Perubatan Saya என் உடல்நலம் மருத்துவ மையம்



Mobile & In-Clinic Medical Services for SGM/SMTC Members, Family Members & Friends

About Us

MyHealth Medical Centre is a family and occupational health clinic located in West Coast. We started in 2013 and have served the needs of the residents and companies of the area. We are now providing services to patients and companies islandwide thru our mobile medical services. We believe that health is very important to all of us and that as a medical centre, we are able to not only ease the suffering of illnesses but to also improve our wellbeing. We offer personalized health services which is one of the main reasons as to why we are called "MyHealth Medical Centre".

Clinic Address & Contact Information

Blk 501 West Coast Drive #01-256 Singapore 120501

Tel: +65 68726920 Fax: +65 68726919

Website: www.myhealthmedctr.sg

Working Hours

Mon to Fri 8.30 am - 5:30 pm Sat to Sun 8.30 am - 1 pm

Closed on Public Holiday

•Online Appointment Booking: Click Here





Our Offer to SMTC Members

- A 10% Discount for all medical services available in our online portal
- For all SMTC members, their family members and friends
- Discount Code to be filled when making online booking: SMTC10
- Offer Starting Date: 5th February 2024

Our Services

Family Medical General Services

- General & Family practice
- Tele-consultation
- CDMP (Chronic Disease Management Programme)
- Health Screening (Mobile and In-clinic available)
- Doctor/Nurse Home Visit
- Preventive/ Travel Medicine
- Children / Adult Vaccination
- Minor Surgical Procedures

Advance Care Planning

- Accredited Certificate Issuer (Office of the Public Guardian, Singapore)
- Advance Medical Directive (MOH)
- Certified IDAPE (Interim Disability Assistance Programme for the Elderly) Assessor for severely disabled

Patient Journey - Registration

View information about our Services / Packages

We offer 3 types of services

- In clinic (face to face)
- Mobile (we go to you)
- Telehealth (by online video conferencing)

Online Appointment Booking: Click Here or use the

following QR code

Health Screening Packages

Vaccination Packages
Homecare Services

Teleconsultation

Lasting Power of Attorney



Making Appointment through our online portal

- Selection of service/package
- Selection of either in-clinic / mobile service or telehealth services
- Insert COUPON Code: SMTC10 (A 10% Discount offer for all SMTC Members, their Family Members & Friends)
- Selection of date and time of appointment
- Provide personal information and preferred address (home/office), if selecting mobile medical service.
- Submit Request for Appointment
- Receive email confirmation for Appointment

Patient Journey

On The Date of Appointment

In-clinic Service

- Register at our clinic service counter
- Confirmation of services and patient identification
- Services conducted & Payment Collect

Mobile Service

- Mobile Medical Team Arrives at Preferred Address on pre-scheduled date and time.
- Confirmation of services and patient identification
- Services conducted & Payment Collected

Patient Journey – For Teleconsultation

Tele-Consultation



- 1. It's easier to make appointments by downloading our app! use the following link
 - https://www.myhealthservices.online/dowload-our-app or scan the above QR code
- 2. Patient makes an online booking
- 3. Go to https://www.myhealthservices.online/
- 4. Select teleconsultation
- 5. Pick a suitable time slot
- 6. Request will be sent to MyHealth for approval
- 7. Once approved, a zoom link will be sent by email
- 8. Standby at the zoom link during the stated timing
- 9. For any issues you can contact the clinic at our chat button on the bottom right of the screen
- 10. MC will be issued digitally
- 11. Medications can be sent or collected
- 12. Overall invoice will be collated and sent to you
- 13. Payment can be made by bank transfer or PayNow Bank transfer UEN 53239416W

Patient Journey

Follow Up
Services (for
Health
Screening)

In-clinic Health Screening Service

- Receive individual report and lab results via email (secured encryption).
- Option to make appointment for interpretation either through face-to-face consultation in clinic OR teleconsultation. No additional charges apply.
- Option to sign up for other healthcare programmes if recommended by doctor.

Mobile Service

• Same as above

Our Partners





























Our Clients



















SGM









